

# SEND London Regional Newsletter - May Edition

# **Events**

# Local

# **London SEND Summit**

- Friday 10<sup>th</sup> June 8:15 12:00
- Coin Street Neighbourhood Centre

LIIA is excited to be hosting the London SEND Summit. This is a key opportunity to hear more from DfE and Ofsted, as well as influence future arrangements. Confirmed speakers include Andre Imich (SEN and Disability Professional Adviser at the Department for Education) and Gaynor Roberts (Senior HMI London). Each Local Authority will be able to reserve a maximum of 3 places at the summit. Invitations have been sent to DCSs and Heads of SEND in each borough.

## Preparing for Adulthood Virtual Conference

- Friday 27<sup>th</sup> May 9:30 1:00
- Microsoft Teams

This conference has been produced by the LondonADASS Learning Disabilities and Autism Steering Group. The conference brings together a wide range of speakers who will share examples of good practice covering topics such as independent living, health and relationships, employment and preparing for adulthood pathways. The conference is aimed at Directors of Adult Social Care, Directors of Children Social Care, Assistant Directors, Heads of Services, Commissioning Managers and Principle Social Workers. Participants will also have an opportunity to hear from young people and their families about their unique experiences of preparing for adulthood.

You can register for the event by clicking the link: <u>LondonADASS PREPARING FOR ADULTHOOD</u> <u>EVENT</u>

# <u>National</u>

#### Ambitious About Autism: Supported Internships Information Event

- Thursday 12 May, 4.00pm 6.00pm
- The Wingman Lounge, The Whittington Hospital Magdala Avenue, London, N19 5NF

Applications are now open for the Ambitious About Autism Supported Internships programme. It's open to young people aged 16-25 with special educational needs and disabilities, who have an Education, Health and Care (EHC) plan to give them the best chance at gaining competitive work skills for future employment.

Find out more by booking a place at their information event: <a href="https://ambitiouscollege.org.uk/supported-internships">https://ambitiouscollege.org.uk/supported-internships</a>



Reducing the Harmful effects of exposure to

Domestic Violence & Abuse on Children and Young People – Virtual Masterclass

- 13<sup>th</sup> May 2022
- Online event

This CPD certified masterclass will consider the role of toxic stress and trauma in the pathway to interpersonal violence between parents, and the climate of violence which harms the mental health and development of children and young people. A trauma-informed model of identification, risk assessment, protection and modular intervention will be outlined to reduce the harmful effects of Domestic Violence and Abuse. Current research will be reviewed demonstrating the extensive role of toxic stress and traumatic responses shaping the responses of abused parents — mothers, and abusive partners, and inter-generationally their children resulting in a climate of violence harming health and development. The masterclass will also cover the Trauma-Informed Care (TIC) approach – a program, organization, or system that realises the widespread impact of trauma and understands potential paths for recovery; and responds by fully integrating knowledge about trauma into policies, procedures, and practices.

Book here: <a href="https://www.healthcareconferencesuk.co.uk/conferences-masterclasses/domestic-violence-children-young-people">https://www.healthcareconferencesuk.co.uk/conferences-masterclasses/domestic-violence-children-young-people</a>

# National Children's Day UK (NCDUK)

- 15<sup>th</sup> May 2022
- <a href="https://www.nationalchildrensdayuk.com/">https://www.nationalchildrensdayuk.com/</a>

The theme for this year is 'Choose Kind' and NCDUK is focusing on the need for a kinder world, what makes people unkind and how we can all choose to be kind. NCDUK2022 will take place on Sunday 15th May, but people can raise national awareness about their activities for the week up to and including the day. From community events to family outings, school activities, local authority initiatives, conferences, videos, podcasts, talks, seminars and youth led campaigns, it's a great opportunity for everyone to raise awareness about the things they care about. And kindness matters to everyone.

# Gender Identity and Autism Workshop

- 16<sup>th</sup> May 2022
- www.autismahandsonapproach.co.uk/giworkshop/

# <u>Preparing for adulthood / Employment for Neurodiverse Teenagers</u>

- 24<sup>th</sup> May 2022, 3:45 5:25pm
- Online event

Organised by the ADHD Foundation. The neurodiversity charity NB If you are unable to make the session email: Colin.Foley@adhdfoundation.org.uk to later access it on demand.

Book here: <a href="https://www.adhdfoundation.org.uk/what-we-do/training/live-streamed-training-2021-2022/">https://www.adhdfoundation.org.uk/what-we-do/training/live-streamed-training-2021-2022/</a>



## Positive Risk Management Workshop

- 26<sup>th</sup> 27<sup>th</sup> May, 10-12.30 (attendance on both days is required)
- Online event on Zoom

This workshop is for frontline staff supporting adults with learning disabilities. It will help you to understand the basic principles and practice of risk assessment. The workshops take a values-led approach to positive risk management, underlining the importance of taking sensitively managed risk as a human rights issue and as a prime learning tool.

Book here: <a href="https://arcengland.org.uk/event/positive-risk-management-workshop-26th-and-27th-may-2022/">https://arcengland.org.uk/event/positive-risk-management-workshop-26th-and-27th-may-2022/</a>

# Developing Emotional Resilience in Social Care for Managers Workshop

- 6<sup>th</sup> June, 9.45 12.30
- On-line event

Resilience is the ability to cope under pressure and recover from difficulties. It's a subject that our members have told us they are increasingly concerned about during this difficult time. This workshop will help social care managers to support their frontline staff to understand resilience, manage stress, recognise their limits and develop self-care action plans.

The focus of the workshop is resilience; looking at positive triggers, coping mechanisms and opportunities to support a self-care mindset, balanced against the challenges of working in an environment focussed on the care of others.

Support materials are provided for each participant, together with training about how managers can cascade their learning to others within their organisation.

Find out more: <a href="https://arcengland.org.uk/event/developing-emotional-resilience-in-social-care-for-managers-workshop-monday-6th-june-2022/">https://arcengland.org.uk/event/developing-emotional-resilience-in-social-care-for-managers-workshop-monday-6th-june-2022/</a>

#### Introduction to Active Support Workshop

- 6<sup>th</sup> June, 9.30– 12.30
- On-line workshop

Active Support is a model of support which ensures that people are supported to participate in every aspect of their daily lives and to take the lead in functional and meaningful activities – staff essentially becoming enablers not carers.

Services who have already been supported with the implementation of Active Support have said that the model has transformed the lives of people they are supporting, and staff have a better understanding of what their job role is.

Active Support is also the pre-cursor to Positive Behaviour Support.

CQC's updated guidance for supporting autistic people and people with a learning disability – Right support, right care right culture – has a stronger focus on outcomes for people, and Active Support can play an important part in achieving this.

Find out more: <a href="https://arcengland.org.uk/event/introduction-to-active-support-workshop-6ht-june-2022/">https://arcengland.org.uk/event/introduction-to-active-support-workshop-6ht-june-2022/</a>



#### Child Safety Week

• 7<sup>th</sup> – 12<sup>th</sup> June

Fact sheets, session plans and display resources are available on the website and you can download the Child Safety Week Information Pack.

Find out more: <a href="https://www.capt.org.uk/Handlers/Download.ashx?IDMF=a224b912-1830-4e53-a24b-4a3b9452c373">https://www.capt.org.uk/Handlers/Download.ashx?IDMF=a224b912-1830-4e53-a24b-4a3b9452c373</a>

Beyond the Label – Empowering, enabling and enhancing the potential of those with special needs

- 11<sup>th</sup> and 12<sup>th</sup> June
- Online event over Zoom

A 2-day online course by the School of Infant Mental Health for professionals or parents who support a child or other individual with special needs.

Find out more: https://www.infantmentalhealth.com/special-needs-beyond-the-label/

#### Infant Mental Health Awareness Week

• 13<sup>th</sup> – 19<sup>th</sup> June

The theme for this year's Infant Mental Health Awareness Week is 'Understanding Early Trauma'. Infant mental health is an often overlooked and misunderstood subject. Coordinated by The Parent-Infant Foundation, Infant Mental Health Awareness Week provides an annual opportunity to discuss the importance of babies' mental health as well as some of the issues that affect it.

Leading a Neurodiverse Classroom – Live streamed with Q&A

- 15<sup>th</sup> June, 3:45 5:15pm
- Online event

Organised by the ADHD Foundation: The neurodiversity charity

NB If you are unable to make the session email: Colin.Foley@adhdfoundation.org.uk to later access it on demand.

Book here: <a href="https://www.adhdfoundation.org.uk/what-we-do/training/live-streamed-training-2021-2022/">https://www.adhdfoundation.org.uk/what-we-do/training/live-streamed-training-2021-2022/</a>

#### **Autism and Eating Disorders**

- 20<sup>th</sup> June
- Online workshop

To book: https://autismahandsonapproach.co.uk/edworkshop/

#### Refugee Week

• 20<sup>th</sup> – 26<sup>th</sup> June

The theme this year is healing. Resources from the National Literacy Trust to support discussions with young children around refugees.

Find out more: <a href="https://literacytrust.org.uk/resources/refugee-week-resources/">https://literacytrust.org.uk/resources/refugee-week-resources/</a>



# <u>Understanding and Supporting Oppositional</u> Defiance Disorder (ODD) – Live streamed with Q&A

- 30<sup>th</sup> June, 3:45 5:15
- Online event

Organised by the ADHD Foundation: The neurodiversity charity

NB If you are unable to make the session email: Colin.Foley@adhdfoundation.org.uk to later access it on demand.

Book here: <a href="https://www.adhdfoundation.org.uk/what-we-do/training/live-streamed-training-2021-2022/">https://www.adhdfoundation.org.uk/what-we-do/training/live-streamed-training-2021-2022/</a>

# Co-producing Accessible and Inclusive Family Hubs

- 7<sup>th</sup> July
- On-line, free conference

Book here: <a href="https://www.annafreud.org/training/training-and-conferences-overview/online-conferences-webinars-and-events/national-conference-co-producing-accessible-and-inclusive-family-hubs/?mc\_cid=247bd8b3ac&mc\_eid=55ae45273f</a>

# Improving Access, Treatment and Support for People with a Diagnosis of Personality Disorder

- 30<sup>th</sup> September
- On-line event

Book here: <a href="https://www.healthcareconferencesuk.co.uk/conferences-masterclasses/personality-disorder">https://www.healthcareconferencesuk.co.uk/conferences-masterclasses/personality-disorder</a>

# **Resources**

## Asylum Seeker and Refugee Mental Health Resource

The Royal College of Psychiatrists has published an Asylum Seeker and Refugee Mental Health resource, providing information, guidance and support for health and social care professionals in the UK to ensure timely, high-quality care. Although the publication has been produced in response to the crisis in Ukraine it has also been developed with a general eye to the needs of asylum seekers and refugees worldwide.

Find it here:

# Key Features of an Effective Education Health Care Plan (EHCP) Digital Hub

This resource draws together experiences from different local areas in order to highlight effective practice, key features and challenges to be aware of when developing a digital approach to EHCPs. <a href="https://bit.ly/3MHerF7">https://bit.ly/3MHerF7</a>

## <u>Identifying and Remedying Pinch Points in the EHCP Process</u>

Two documents summarising common challenges in the EHCP process and how they interrelate, and recommendations from the workforce, parent carer representatives and families to address them. https://bit.ly/3vlru1S



# **EHCP Frequently Asked Questions (FAQ)**

These FAQ documents, one for Health advice givers and one for SEN Case Officers, address the questions most frequently raised during CDC workshops on Education, Health and Care Plans. https://bit.ly/3LoQfH6

# Co-Production in Pathway/Service Evaluation and Redesign

A widely applicable process for thinking about pathway redesign and evaluation, which places the voices of children, young people and parent carers at the heart of decision-making. https://bit.ly/3LCPNFa

# Autism Education Trust's New 'Let's Learn about Autism' Packs

The Autism Education Trust (AET) have been working with their Autistic Young Expert's Panel to produce their Let's Learn About Autism Packs. The fully resourced packs are designed to help all education professionals to plan their Autism Acceptance lessons and lead conversations about autism and understanding difference.

Please see the AET website for further information and how to download:

https://www.autismeducationtrust.org.uk/celebrate-autism-acceptance-week-our-lets-learn-about-autism-pack

# Latest NHS Easy Read Newsletter for People with a Learning Disability

This new issue of the easy read newsletter is about encouraging people to use health services and not being scared because of coronavirus. It has articles about:

- Where to go if you are feeling poorly or something has changed in your body
- Is it time to go to the dentist?
- Getting your eyes and ears checked out
- Getting help with your thoughts and feelings (your mental health)
- Going to screening appointments
- What to do if you have a problem with a local health service

Find it here: <a href="https://www.england.nhs.uk/wp-content/uploads/2022/03/easy-read-newsletter-issue-15-v2.pdf">https://www.england.nhs.uk/wp-content/uploads/2022/03/easy-read-newsletter-issue-15-v2.pdf</a>

# Relationships and Caring for a Disabled Child

Information for parents of disabled children from Contact: <a href="https://contact.org.uk/wp-content/uploads/2021/03/relationships\_guide.pdf?utm\_medium=email&utm\_source=engagingnetworks&utm\_campaign=wn20april22&utm\_content=whats+new+20+april+22+B">https://contact.org.uk/wp-content/uploads/2021/03/relationships\_guide.pdf?utm\_medium=email&utm\_source=engagingnetworks&utm\_campaign=wn20april22&utm\_content=whats+new+20+april+22+B</a>