

# YOUR CHOICE AND LONDON VANGUARD

## Two programmes working together to provide a systemic approach to tackle youth violence in London



Each programme is borne out of a belief that we must change the current paradigm in which children and young people most at risk of experiencing violence - those in most of need of therapeutic interventions - are least likely to access them.

### Overarching shared objective

Bring the proven power of evidence-based therapeutic interventions to improve the life chances of young Londoners at risk of violence

### Our shared determination

As articulated in the [Therapeutic Intervention for Peace report, September 2020, Power the Fight](#).  
 “Facilitate trauma-informed systems and multiagency working which enables vulnerable children and young people at risk or affected by violence to thrive.”

Area	Your Choice CBT	London Vanguard: Community Multi Systems Violence Reduction Model
Target cohort	11-17 year olds most at risk of violence and exploitation	0-25 years who are affected by violence directly or indirectly
Referral pathway	32 x Multi Agency Child Exploitation Panels (MACE) or pre-MACE or equivalent to assess eligibility	Multi sources of referral - referral pathway may vary depending on how the ICS's propose to implement the London Vanguard.
Geographical coverage	32 London boroughs	3 London ICS footprints (coverage of all components of the London Vanguard model may vary across the ICS) depending on evidenced need.
Funding amounts	£10 million	~£9.7 million
Programme timescale	2 1/2 years (October 2021 - March 2024)	3 year pilot
Funding agency	Home Office and Youth Endowment Fund	NHS England (Health and Justice and Mental Health Programme)
Accountable body for funding	London Violence Reduction Unit (Mayor's Office)	NHS England (London Violence Reduction Programme)
Delivery organisation/s	32 London boroughs	3 ICS Pilots (joint delivery between health services, LAs and third sector organisations)
Delivery model	Embedded within local authority existing service environment, but with the additionality that qualified youth practitioners provide children with CBT-informed tools to modify their behaviour	Case workers act as key advocate for the YP building trust, providing advocacy, coordinating services, pathway navigation, working with the network, managing risks, going to court and other meetings alongside individuals if necessary. The case worker is ideally fully embedded in the community, and has appropriate supervision.

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Delivery location	Where the child is - e.g. youth centre	Will vary depending on what components of the model are being delivered. Key ethos is that services are embedded within local communities
Recruitment requirement	Additional qualified youth practitioners to provide extra capacity and/or mental health practitioner-supervisor, according to local need	Case workers and wider staff psychologist, OT, Family therapist, SLT, access to specialist resource within Children' or Adult's Mental Health Service, Local Authorities or Social Care
Training/ supervisory requirement	Existing youth practitioners trained and supervised to deliver CBT-informed practice within interventions. Requirement of 3 contacts per week	Training and Supervision will vary across the team. Trauma informed approaches, attachment based models, working with health, social and race inequalities, promotion of positive practice models which support thriving and diverse workplaces, CBT informed practice, CBT, counselling skills, case management skills, goal setting and care planning, strength based approaches, risk management, boundaries, safeguarding, training to support the delivery of low intensity interventions.
Training organisation	NHS/LIIA	TBC - mix between NHS/VCSE/Local Authority
Intervention	CBT-informed practice embedded within interventions delivered by LA adolescent services	Prevention, Intervention (including CBT informed practice and CBT) and Case Management
Evaluator/s	Anna Freud Centre and IFS (Evaluation Lead). YEF projects require random controlled trials - details to be agreed	TBC
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